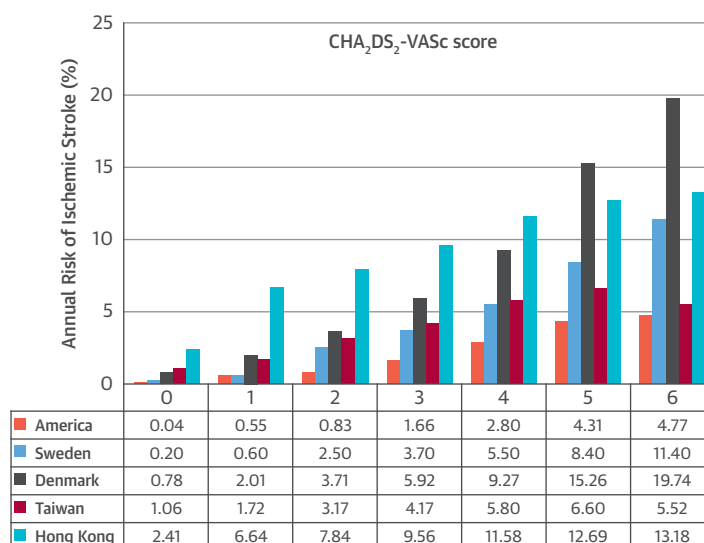


FIGURE 1 The Annual Stroke Risk Stratified With CHA₂DS₂-VASc Scores

The annual stroke risk is stratified with CHA₂DS₂-VASc scores from different epidemiological series: United States (4), Sweden (2), Denmark (3), Taiwan (1), and Hong Kong (5).

transient ischemic strokes in Chinese. A similar observation has been made in other Asian countries. Unfortunately, little is reported about the subtypes of stroke in most registries or even in randomized controlled trials. Notwithstanding, the burning question remains whether clinicians should initiate long-term anticoagulation therapy in Chinese patients with AF and a CHA₂DS₂-VASc score of 0. It is very tempting to do so, given the excellent safety profile of NOACs that has resulted in a lowering of the threshold for initiating NOAC treatment to an annual stroke risk of 1%/year. Nonetheless, it lacks support from randomized placebo-controlled trials, the gold standard to demonstrate treatment effects, specifically targeted at this presumably “low-risk” population. Further research is vital to determine the risk of cardioembolic stroke as well as other subtypes of stroke amongst Chinese patients with AF and to develop new stroke risk models that accurately stratify such risks.

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REPLY: One More “C” for CHA₂DS₂-VASc Score



We thank Dr. Siu for his comments regarding our recently published paper (1) about the usefulness of the CHA₂DS₂-VASc score for refining stroke risk stratification among patients with atrial fibrillation (AF) having an ATRIA (Anticoagulation and Risk Factors in Atrial Fibrillation) score of 0 to 5. We agree that the risk of ischemic stroke for Chinese AF patients with a CHA₂DS₂-VASc score of 0 is higher than that of Caucasians. However, it does not mean that non-vitamin K antagonist oral anticoagulants (NOACs) should be routinely prescribed for these

patients. Our previous study demonstrated that the risk of ischemic stroke for AF and non-AF patients with a CHA₂DS₂-VASc score of 0 was similar (2). Therefore, the better way to reduce stroke risk among these patients is to try to identify “novel” risk factors that were not included in the CHA₂DS₂-VASc scheme for these “low-risk” patients. For example, hyperuricemia, defined as having at least 1 episode of gout attack necessitating long-term treatment with uric acid-lowering agents, was shown to be an important risk factor of ischemic stroke for AF patients in Taiwan (3). Interestingly, hyperuricemia was associated with a higher risk of ischemic stroke even among patients with a CHA₂DS₂-VASc score of 0, suggesting that it may refine stroke risk stratification in this “low-risk” population.

It should also be noted that the occurrence of ischemic stroke in AF was not all caused by cardiac thromboembolism, and atherosclerosis or thrombosis of the cerebral artery is another possible reason. In the Taiwan Stroke Registry studying 22,642 patients with acute ischemic stroke, history of AF was noted in 16.5% of patients (4). However, there was only 10.9% of these patients whose type of stroke was classified as “cardioembolism” by diagnostic criteria (5). It may suggest that around one-third of stroke in AF patients may not result from cardiac thromboembolism. Therefore, whether the use of oral anticoagulants can provide benefits exceeding the risk of major bleeding for AF patients with a CHA₂DS₂-VASc of 0 remains

very uncertain. We welcome continued efforts and discussions on this issue to improve the quality of care for AF patients regarding stroke risk reduction.

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